

Introducing our new Norfolk and Waveney

Legacy Mentors



Legacy Nurse: Sue Garrood



Starting in the learning disability field at Little Plumstead Hospital in 1977 I qualified as an SEN(LD) moving on to complete post enrolment RNLD training in 1984 and have undertaken several roles including ward manager.

In 1999 I was redeployed to the Community Learning Disability Teams as a Community Learning Disability Nurse progressing onto a Complex Health Care Manager within the integrated joint learning disability teams until 2014.

Since retiring in 2014 I have held posts with private sector care providers as Clinical Lead/ Specialist Outreach and Day Service Manager and Complex Case Manager.

If you are an educational lead, a learner or if you feel that your area would benefit from the support of the legacy mentors:

Feel free to contact myself at:

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Or another member of the team at:

nwicb.legacymentors@nhs.net