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# TRAUMA INFORMED CARE

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**This one-day online and interactive course (delivered via MS Teams) introduces and provides the opportunity to improve practitioner understanding of the impact of trauma and the concepts behind trauma-informed practice, some of the tools for practice and also the Case Law available in relation to Trauma, Safeguarding and Mental Capacity.**

## Learning Outcomes

**This course will provide participants with the following learning outcomes:**

- An understanding of what Trauma is, what may trigger it and how to recognise it.
- An increased understanding of the impact of trauma on an individual's emotional and social health and well-being.
- Knowledge of the key messages, data and evidence-base underpinning trauma-informed approaches.
- An understanding of the principles, values and key models underpinning the trauma-informed approach.
- An opportunity to apply trauma-informed tools to the practice context.
- An opportunity to examine Case Law related to this complex area.
- An opportunity to critically reflect on own practice and identify developments that supports a trauma-informed approach.

**Facilitator: [Tony Clamp](#)**

### Course Dates & Time:

**9.30am- 4.30pm**

- [18<sup>th</sup> Oct 2023](#)
- [25<sup>th</sup> Oct 2023](#)
- [30<sup>th</sup> Oct 2023](#)
- [1<sup>st</sup> Nov 2023](#)
- [2<sup>nd</sup> Nov 2023](#)
- [6<sup>th</sup> Nov 2023](#)
- [22<sup>nd</sup> Nov 2023](#)

### How to book:

- **Click the date that you would like to attend to be taken to the booking page on Eventbrite.**

This training is delivered via MS Teams using an online interactive classroom approach and all delegates will be expected to take part to ensure an effective adult learning experience. Using whiteboards and breakout rooms, a combination of learning methods will be used throughout the day, including trainer presentation and group working the form of case studies and reflection dilemmas to support application to practice. It is an essential requirement to have a working webcam and microphone on the device that you will be using to access the training.

**One of our resident DJs will be supporting and providing entertainment during breaks.**

***“REALLY GOOD HOST, WHO WAS VERY KNOWLEDGEABLE ABOUT TRAUMA AND COVERED IT REALLY WELL. I LOVED THE MUSIC DURING THE BREAKS WHICH MADE IT FEEL LIKE A RELAXED LEARNING ENVIRONMENT AND MADE THE DIFFICULT TOPIC EASIER TO DIGEST”.***